Karma

Justice in Action

HILARY DOWNEY

Synopsis

Karma can be seen as part of a presented philosophy.

The universe of life is also vast, able to be perceived by individuals who may not seek an organised philosophy of life.

All people can receive fragments of knowledge that relate to what they can accept in any moment of time. This means that all subjects are as vast as the universe of life.

This small booklet presents several views of Karma that could be a tiny fragment of a greater truth.

HILDOW eBook

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Contents

Synopsis 2
Dedication 6
Forward 7

Wheel of Karma 8
Shadowland 14
Lucifer Letters 16
Letter to Lord Lucifer 1 17
Letter to Lord Lucifer 2 21
Karma and Destiny 25
Toolbox 29
Constructing Personal Karma 30
Letter to Lord Karma 36
Karma 39
My Name is Karma 39

Dedication

This booklet is dedicated to those who seek their own inspiration on the subject of Karma.

This booklet is dedicated to those who seek to gain knowledge through their own experiences that are the result of a wide vision as opposed to tunnel vision.

Forward

The Fall of Man is his descent into the allure of physical life after he came to Earth as part of his journey into an expansion of conscious awareness.

This Fall is referred to in the Letters to Lucifer because it has an influence upon the need for Karma in our lives.

Karma balances the Scales of Justice yet so often it is feared and fear produces stagnation and inaction in life.

Fear is not part of the Greater Life. It has its origins in physical life. I do not want to base any aspect of life upon fear so over a period of time I request understandings of Karma that reflect a relationship to the Greater Life.

Wheel of Karma

The direction of life is the direction of light. The direction of life is the direction of love. Should this direction change for even a second when you look at movement from the centre of a circle, the distance travelled by the time you reach the outer rim has dramatically moved you away from the original path.

When standing in the centre of a circle at the point of the radius the circle is much smaller than when you are on the outer circumference. When standing in the centre of a circle there is little or no room for error for the tiniest movement to the left or right, away from the path of your original intention, widens dramatically when you travel the new direction. By the time you reach the larger circle of the outer circumference there is a great distance on the circumference between the original point of your destination and the one you have determined. This may be illustrated by a wheel. At the hub of the wheel a tiny distance between one spoke and another is a greater distance on the outer rim of the wheel between the same two spokes.

What is karma?

Explanations are simple because life upon Earth is simple. Do not be afraid of karma. Fear of karma prevents you participating in a new and adventurous action that could stimulate you to achieve new heights and realise new abilities. Karma should not be fear driven. It should only be viewed as a weighing up and balancing activity of the universe.

Because you are in the universe you are affected by the tilt of the scales when everything changes its momentum according to what is taking place, according to what movement there is and in what direction throughout the universe. You are part of a larger picture; that of the movement of the universe.

The overarching direction of life is clear. It is a path towards light and love. Should you be travelling in that direction, as you step along the way you learn more about light and more about love so you are prepared for the increase of both on your journey.

As you learn more about both you recognise more of both in whatever forms they are presented to you whether they arrive gently by standing in front of you or whether you trip over them.

From the moment of birth to consciousness, in whatever form you are in because life is life no matter the form, your journey is predestined. Should you move slowly or quickly, deviate or continue on the straight path does not matter. The manner of your journey is according to your choice. Whatever way you travel you gain experience of light and love and increase your knowledge of the meaning of life.

At some stage of your journey, no matter where, when the intention of your heart murmurs a different view of life from what is intended for you or if at any time on your journey you listen to the murmuring of another's heart about alternative directions and entertain this desire for even less than a second, without realising it because you are standing at the hub of the wheel, the adjusted direction of your journey slightly angles outwards.

Because this spoke of the wheel is not the spoke that was your predestined path to travel, the experiences and the possibilities become a slightly different colour and a slightly different intensity of light but nevertheless are still light. Love becomes a slightly different hue and colour, but it is still love.

Because of inexperience you travel this road for quite some time before you realise that the timbre of the voices you hear, the joy and the laughter of accompanying travellers and the shades of light in the environment are slightly altered.

This causes you to hesitate and ponder. In your pondering you become aware that the nature of what you ponder about is also a slightly different colour and a slightly different musical note because they resonate with your accompanying travellers.

You realise that your eyes have been cast down. When you raise them and look around, your accompanying travellers are also a slightly different light. You raise your eyes further to the heavens and you see that the light that has been your guide has also changed in hue and intensity.

This gives you pause for thought. It causes a halt in your journey and a re-evaluation as to what caused the changes.

You have become aware of a time of reckoning. You have become aware that wherever you are you have taken upon yourself the voice of your surroundings, the mind of your surroundings and the thoughts of your surroundings. You find that the memory of your early travels, once so clear and light, is now shaded.

You become aware that you have entered the world of karma. By your tiny desire and the yearning of your heart for something other than your predestined journey you have become creator of your own different world. It is not until you pause for thought that you begin to wonder whether this world you are creating and walking through is the world you want.

You do not remember when you first felt loneliness. It was so slight you were able to ignore it because you have other travellers with you and their presence masks any change within. Your focus has become removed from the light within to what you are experiencing with your fellow travellers.

You do not remember when you first felt pain because it was so slight. You do not remember what caused it. It is not until it becomes persistent that you realise this new sensation has become part of who you are in the life you are now leading.

You do not remember when you first felt anguish. It was also so slight at first you do not realise what has brought this sensation to you. You do not realise it is your spirit yearning for its true direction of travel.

These are the things that illustrate the Path of Karma.

In the beginning it was not a dramatic wrongdoing. It was a subtle shift in the intention, desire and yearning of your heart. It is not until you are placing your steps on a heavier more physical world that you realise that the pain, loneliness and anguish are deeper and more profound than you remembered before. It is not until you are in such a world that you realise your memory of your earlier journey has faded.

You have become so engrossed in the footsteps you are placing upon the world you are living in now you have lost your sense of direction. You have lost the reason for your journey.

What was just pondering has now brought you to a halt and a re-evaluation. It has brought you to a place where your eyes search upwards; looking for the light that you know is the signpost of your direction. All you can see are reflections of this light in the stars, the suns, the universes and the light forms.

There are so many you cannot remember which ones are your signposts. You look inside because you cannot find the light outside. There, still in the centre of your inner sky, is the light.

What does this light tell you?

You find that it tells you nothing because you cannot hold your attention upon it. The world that you have been engrossed in for so long, that has held such interest for you, will not quieten enough for you to find your direction through the light in your inner sky. This causes you to open your eyes once more.

You realise that for you to find the light that will guide your way, changes in your outside world are necessary. You ask yourself what changes you need to make in your life outside so your light inside can guide you.

You look at everything you do. You look at the way you relate to where you are and to those who are there with you. You find you can only change the way yourself. When you make the changes that the light within you requires, you will be able to see more of this inner light.

Why do you want to see this light inside?

When you look at this light it speaks to you. It speaks to you of peace. It speaks to you of profound joy. This causes you to reflect upon these two completely different worlds. Slowly over time your focus on one of the worlds grows and lessens on the other. During this time of change within you – within your heart, within your soul and within your mind – you find that your actions in the outside world change to reflect your inner world.

During this time of change you repeat all the things you learnt in the outside world that took you along a different spoke to the wider circumference on the rim of the wheel, away from the predestined spoke of travel you initially began. You find that all you did, you do again in such a way that you learn to see more of the light inside.

This is karma in action.

This is a return journey to your predestined path of travel and it holds your karmic dues. You meet and relate to, in some way, all those you met and related to before on your initial journey. You repeat your conversations, actions and those things that interested you before, but your focus is changed. When you repeat these actions, conversations and words the context is changed. Everything is changed, aligning to the light inside you can now see.

This is the joy of karmic dues.

Karmic dues are the re-travelling of a known path. They are revisiting conversations, actions and people with whom you have associated before. They are welcoming to you because you no longer feel lost.

You recognise the words you use, the things you do and the people you do them with so you know you are on a path that is familiar. This causes you to speed your journey.

This journey through karmic dues returns you to your predestined spoke of the wheel which opens a whole new vista of experiences and life; a whole new vista of light and love.

Relate this picture I have painted to the life you are living now and you will feel happy that you are having this opportunity to revisit some of the pain, loneliness and anguish you put in place before. By revisiting it you are relinquishing it from your mind, your heart and your soul.

Keep your eyes focused ahead instead of bemoaning the fate of life causing pain and loneliness. When the focus ahead is not working for you, quieten the outside life and look inside to your inner light. See what form it is taking.

Does this light inside encourage you or does it make you afraid because it is as busy as the world outside. Do not worry. When the light inside your mind is as busy as the outside world, welcome it. It is telling you about the things you are doing at this moment.

Do not rush the changes. Value the things you are doing and do them well. After each bout of activity look inside again and see what the light is telling you. Over time you will see a small adjustment. That small adjustment is your progress. It is only tiny but this does not matter. It is progress.

When the light quietens and becomes less noisy than the outside world, this is exciting for you. It means you are taking control of your destiny and your journey again.

You become your own commander. As the world inside becomes more real and true you become discerning about the voices you allow into it. You only want voices of love, voices of life and voices of peace and joy to contribute to the light within your mind.

From time to time we all have karmic dues for we are no different, you and I. We are all travelling our predestined path of life and we are doing our best to travel with joy, happiness, laughter and activity.

Shadowland

The spirit of man never completely leaves Spiritual Eden. Its birth is in this garden of life so its roots remain there. O Adam Man, Spiritual Eden was your birthplace. Made in the One God's image, was it not perfect light, as is all creation?

What is this light over which Lucifer has dominion?

Light is the seed of all creation, coming from the hand of the One God. It can travel everywhere and be everywhere of its own volition for it manifests all that was, all that is and all that will be.

O Adam Man, why did you ponder on self instead of the One God?

Why did you move from worship of the One God to worship of self and symbols?

Why did you have to follow your own will?

When you gave birth to your own will were you not aware that Lucifer would know?

As a result, Lucifer sent his command on a Ray of Light to accommodate your desire that created the need for a Shadowland to house your will. You could no longer accept the light of Spiritual Eden. It became too bright for you so you have been relegated to the Shadowland.

Your will needs a cooler light and physical Earth is the place where light has solidified the energy of creation. In this place, you have been given dominion over all who live there. You have been given dominion over the land, sea and sky that make up the world of Earth.

With the birth of your will, duality was created – action and reaction, light and dark, knowledge of good and evil. Even the serpent of wisdom became dual for you. With the birth of duality your dream was created. Now you must live it and Lucifer, the Lord of Light, ensures that you do. You have free will. You have choice but knowledge of light is now only apparent to you as a reflection – in the shadows you have created. Your return to full light has to be through travelling the shadows.

What is Shadowland?

What is physical life?

Shadowland is your dream of creation. You have adjusted the mathematical formula of creation, but have you improved anything?

O Adam Man, this is all a reflection. You think you rule, but what do you do with your kingship in this place that houses your thoughts and desires?

Shadowland is your dream of the light of creation because, O Adam Man, how could you be given the light with which to work your folly when you desired to create according to your own will?

This you have done, but Lucifer has only allowed you the reflection the shadow. In your folly you believe it to be reality but one day science will show you otherwise. In your Shadowland you can only create with labour. You can only create with energy you cannot recapture. In each moment of your life a little of you dies, for the shadow is receding and you cannot survive it for a long period of time.

You have to leave it again and again until you remember while you are there, that it is only a reflection – a dream. Each time you return the borrowed spark of your spirit to the Greater Life you review your folly; each review as real as the time you lived its manifestation. This is a description of your physical life in Shadowland.

How can I wake from the dream when my heart is embroiled with the kingship it offers me?

You must seek the One Life, the One Light, the One God, the One Spirit, and merge with it. The only place you can find this is within you, for without, although you see the glory of nature, all is dual.

Let your spirit, mind and body merge with the will of the One Light and you shall awaken.

Lucifer Letters

Lucifer is symbolic of the Fall of Man.

As the Morning Star Venus, Lucifer calls man to the eternal love of the Greater Life.

As the Evening Star Venus, this cold and beautiful Lord sows seeds of dissension in man when he presents him with a reflection of eternal love.

This reflection takes the form of pleasure in the physical senses. It burns up the light of man's mental clarity until he forgets his spiritual nature.

Lucifer hastens man's choice between eternal love that allows him to soar like the eagle, and self-love that leads to sensuality and excesses which chain him to material life. Lucifer gives man the choice of using his energy for an exalted purpose or his own pleasure.

The choice man initially made is apparent today. He depletes his physical body through Venusian excesses and his behaviour is unpredictable.

He allows material gain to infiltrate every purpose in his life. Descent into the allure of physical life is man's original sin, caused by his desire to act in creation according to his own will.

Earth has become man's home for the length of time it takes him to grow beyond the allure of his physical senses, purify his body and soul then ascend once more to his previous spiritual position. Ultimately physical matter has no place in the life of the human spirit.

Using his acquired knowledge that his experiences through Lucifer have given him, man can retrace his steps. His journey through the Mansions of Life can then continue. This journey presents him with many places in the universes of life that can teach him resolve of spiritual strength.

According to the desire of his heart and according to his free will he chooses the places to go to; all earned as a result of his actions in life.

There is purpose in life.

Awakening to this purpose reveals the true glory and joy of life.

Letter to Lord Lucifer 1

I am making a personal journey through the mansions of God's kingdom. I cannot say what God is because I am a finite human being but sometimes the Lords in charge of creating these mansions, through which I as a human spirit travel, are seen as God.

My spirit is my life and this I know. But what of the Greater Life? What of the life of angels? What of the life of archangels? What of the life of the Lords of Creation who bring into reality the spheres and universes of life and then maintain their integrity? I only know that what we call angels, archangels and Lords of Creation I revere.

Lord Lucifer is Regent for a higher principle. He carries the flame with which he creates; using the breath to fling this flame to its place in a burgeoning universe.

Knowing I am born to expand what is already created, this I do with my thoughts and words. I ask myself why I am here on Earth when I could have remained in Spiritual Eden? Spiritual Eden is beautiful; a mansion of life created to flourish in; a stepping stone to even greater places.

In Spiritual Eden I could use my creative ability to increase my conscious awareness of life, as could others. There I could sow the seeds of what was to happen on physical Earth, to where souls would come to expand what was created for man's potential. The spiritual family of man was to travel together from Earth to their spiritual destinations.

Lucifer, Lord of Light,

You are the Light Bearer. You are born in light. You radiate light. Noble and regal, you are emblematic of unbending, implacable truth. As the brightest star in our sky you dispel the darkness with the flames of your light that is our life.

To whom did you entrust this light?

Did they use it to follow the Divine Will or did they take what was entrusted to them and behave as gods, creating according to their own will? I would not like to face your anger when you recognised the birth of individual will.

Lord Lucifer,

Unbending and beautiful, you demand that the laid path to greater light is travelled in truth. As the great tester you allow those who cannot comply with Divine Will to be brought to their knees, for that is the law. This we have already seen. Was the fall of spirit and angels who seemed as gods the result of your adherence to perfect truth? I know angels are messengers. I know they step down their vibration to deliver their message to physical man.

In this are they are part of man's fall into generation? Did you cause those who planted the seed of continuing, physical generation to participate, then allow events to play out?

Did I become lost in these possibilities, believing I was capable of creating in a way other than what was designated for me through you? When my thoughts matched yours did my feet become as lead as I stepped down from a Spiritual Eden of joy; as I passed through Etheric Eden and the Magnetic Planes of Illusion; to land on the physical world of Earth I cannot call Eden?

After I travelled here through the mists, when I awoke my companions were mirroring joy, creating a world of short-lived delight. Sparks of light only, they believed themselves to be a blaze of glorious rays.

Lord Lucifer,

You showed me the serpent and its face was beguiling.

Was he you?

Are you the serpent of wisdom?

Were you showing me the way by giving me the chance to live with knowledge of good and evil?

Were you offering me a path to immortality through choice and effort?

I am of man but I am also of spirit; a ray of light; a spark of light you guide to become *I am*. For a while I belong to Earth so I belong to karma, but only for a while. I was not aware of the varied faces of the Serpent of Wisdom but you show me how to leave physical life when you shed light on what I need to know.

I will leave this place forever but there are many of us and we must leave together. We have the way. We have the opportunity. We have the time.

I am not relegated to darkness when I misunderstand the meaning of creativity. I have my place in the order of life and I can continue my direction towards wisdom. I will return to its lodge.

In one way I am blest because the return journey is mapped within my soul and there are signposts in the skies. There is a Ray of Light in the distance above me. The door at the entrance to its lodge is closed but it beckons me. I am on the path leading to it.

I will silence the intellect that has been raised so high. I will subdue the physical emotions that threaten to destroy me. I will travel the return road to Spiritual Eden. I am on the first part of my return journey but, Lord Lucifer, I will travel it without you for I will not heed the words of those who have listened to your allure; your test.

Why do I want to flee this material world?

I am blest with a memory of Spiritual Eden where the breath that brought life provided all I needed for life.

Have I strayed from this life?

This present separation has brought me pain.

Is this because my thoughts and words have created a place of pain?

I know all who live upon physical Earth suffer this pain, because the influence of humanity upon creation has produced animal and plant lives whose deaths maintain human lives. Transition has become Death.

He visits all who live on this physical world, so I am confronted by Death. I will pass through Death. I will retrace my steps so I may be worthy once more of a spiritual life lived with full consciousness, in worlds of greater light.

Lord Lucifer,

You are part of all that has happened. You are part of man's fall into physical life. You are part of the blending of the wills of angels and men but you are also part of our return journey.

I know you will return to the gentler ways of the Winged Serpent of Wisdom that does not tempt and test but guides and instructs in truth – through intuition.

This journey out of physical generation is long but you have balanced the Scales of Justice for us. I can only follow my heart. It tells me that all who fall into the ways of physical life belong to only one small part of the creative light that is always based on truth. This great and magnificent truth I can only revere as I discover what I am able to.

When I look at how people on Earth have been living for so long I ask myself:

Does what they believe encourage evil?

I question everything and I bow to the advice I have formally been given, *Have no beliefs. Know only truth.*

Truth is light. Truth is love. Truth is beauty. Truth reveals more of itself. I seek to only see and aspire to truth. Its outcome can only be good for all men and women.

I have tasted the fruits of the Tree of Knowledge of Good and Evil in Eden so I know how to choose between good and evil. I choose good. I choose life. I choose love. Most of all I choose truth.

Letter to Lord Lucifer 2

My beginnings are shrouded in mystery and on Earth there is much I do not wish to see. I perceive only the latent good and it is accessible. I view darkness as potential light, for that is what it becomes in the correct season.

Man has ever relegated to darkness what he did not want to acknowledge so I must seek in the darkness once more for truth - that elusive mystic whose face can only be identified through purity and simplicity.

Lord Lucifer,

You have been relegated to the deepest darkness by man. You have always been the Bearer of Light but you have been personified in a form opposite to your nature.

What is light?

It is life. It is love. It is movement. It is truth. It is the energy of creation.

What aspect of truth is made available to us?

According to your ability to distinguish right from wrong, only what you need in the moment and only what promotes the good within you is available.

This changes constantly, sometimes becoming the opposite as its philosophy is absorbed.

Am I a pebble on the beach, at one time or in a future time?

Believe you have been and could be a pebble on the beach and you will look after all pebbles on the beach, treating them as you would yourself. In this you become one with all pebbles, as though you were one.

Through this philosophy you learn to look after and take care of everything on Earth, not seeing anything as available for selfish use, only part of a system of life that is made of many manifestations of life – a coat of many colours.

There are many forms of life. You are able to identify with them because other forms of life are within you even though they are unseen by the human eye. Some are transcendental and some are microscopic. They are there because the human body is made from the Earth. Even its iron core is within you.

What of the Tree of Knowledge of Good and Evil?

This tree is within you. Your roots are in your spiritual home but for a while your branches are breathing the air of physical life. The serpents of good and evil are passageways within you. They are also without – apparent in the heavens above.

Lord Lucifer,

Why was it wrong to eat the fruit of this tree and know the difference between good and evil?

Why does the serpent offer us this opportunity?

Why have you been portrayed as other than Bearer of Light the tempter?

Throughout the ages the serpent has always represented wisdom. Wisdom can discern between the requirements of your spiritual life and the requirements of your physical life – each diametrically opposite the other. Wisdom can only be attained through self-determination and the ability to comprehend right from wrong. This is the first step on the path laid for your progression out of aimlessness to a life of creative expansion.

You live in the human body that has been given senses and sensations. I made you aware of this. Because you ate the fruit of this tree, each day you are tempted to succumb to the demands of these sensations, that with their accompanying emotions lead you away from your path of spiritual expansion.

For your spirit to expand you must recreate your body to house your spirit's expansiveness. You must purify it so its appetites do not inhibit the possibilities of your spirit. This is knowledge of good and evil.

Evil is seen as such because it is the result of how you have used your knowledge, gained through experiences when you followed your own will.

Knowledge of truth sets you on the path to wisdom and so the serpent's face is shown to you. When the serpent holds no temptation for you it becomes the messenger of wisdom, bringing what is needed from the Lords of Life that hold your worlds in the palm of their hands. Its wisdom can take you home.

Lord Lucifer,

There are many myths and legends about the beginning of life but I can only comprehend my own journey. There may be creations of life beyond the spirit of my mortal being that are more than what I am aware of but I can scarcely comprehend what makes me who I am.

In some cultures there are many gods. In some cultures there is one God. Regardless of how creation is viewed all eventually become enfolded in the arms of the One God.

Do messengers come to Earth to live like us and guide our footsteps in our Fall from Grace?

The Fall from Grace brought karma to all concerned and this is still being played out on physical and etheric worlds. You are important in life and when you ask to be shown the way, it is shown. There is a way for what you need, to be given. Stepping down through the hierarchies of Beings and through messengers, truth manifests everywhere.

There will always be those of light who are willing to become part of the fall into physical life so they may carry the message of truth to a people in need. In the myths, legends and religions of time these messengers have been given many names.

As you reach ever higher you are able to receive more of the help that is proffered by the teachers who teach from spiritual realms for you can only learn from those you are aware of. Continue to recreate yourself and your environment.

Follow the winds of change that blow you along the road you want to travel and the messengers will guide you.

Karma and Destiny

Any connection with God is not easily accessed because everything in physical life inhibits it. Emissaries and intermediaries do come to your aid because your thoughts to God can be directed through them. Their eminence extracts the sincere, pure and simple from your mind and heart. This can ascend as your heartfelt worship and love. Everything else remains where it belongs — in the finite physical world.

Your learning in life can be impersonal or personal so your connection with God can be impersonal or personal. The personal approach to life is easier because it defines who you are and corresponds to what you can accept.

Karmic dues are personal. You gain knowledge of them through your five senses and the events of your life tell you what they are.

When your relationship with God is a personal one it is because it fits in with the life you have constructed. It fits in with the way you want and can live.

Impersonal learning in life is philosophical so is more difficult to ascertain. It has a foundation of truth that is accessed through your soul's intuition. Through it, when your heart expands to accommodate it, you can come to know your destiny.

Physical life includes karmic dues and a destiny. They could be viewed as the two pans of the Scales of Justice.

From a young age you become aware of the difficulties in life you are to face because the circumstances of your life cause their presence to become known to you. These difficulties are your karmic dues.

Your way becomes clear when you face them with courage, not allowing them to mould your personality or affect your character. How you do this determines the way your future opens before you. No events on earth should be allowed to influence your character.

When you bury your awareness of karmic dues and destiny your direction seems unclear. You become confused about why you are on Earth and it becomes difficult to settle anywhere peacefully.

Knowing how to live with intertwining karma and destiny fosters a productive journey through life as the pans of the Scales of Justice rise and fall according to which is significant in any moment. The impersonal approach to life leaves no room for self-pity or the bewailing of the fates of life.

You may say,

These are the things I must endure and endure them I will. By doing so they will pass. Should my character remain intact and the goodness within me continue to shine, these circumstances will eventually leave me forever, clearing the way for me to construct the life my soul needs.

How long karmic dues continue depends upon your approach to them and at what age you become aware of them. By the time you are fourteen your inclinations in life are already determined. The seeds for the way forward have been planted and you have experienced the germination of some karmic dues and parts of your destiny. This is the time to nurture intuition, the voice of your soul. What you learn at this time affects how karma and destiny are going to accompany you, in a greater or lesser degree, for another fourteen years.

As you reach your thirties you reflect on your life and who is in it. You deliberate about the life you would like to live even should it seem impossible.

You choose how you are going to live, even should you be unaware that this is what you are doing.

This is the time to call upon the qualities of your character. This is the time to discover courage, determination and love. They can drive you forward towards opportunities which will release you from the grip of karmic dues, even as challenges, obstacles and difficulties continue to present.

Karma is interwoven with destiny. Recognising and dealing with karmic difficulties at an early age and becoming aware of how you want to live lead you to opportunities that allow your destiny to reveal itself. The timing is individual to each person.

For example:

As a child you may live predominantly alone with your thoughts and perceptions of life. By the age of fourteen this tells you that your destiny is likely to be achieved alone, regardless of the people who weave in and out of your life.

Those who are destined to encourage you present for a time. All others oppose you. You learn how to live through karmic dues without allowing them to have too great an impact. This encourages your destiny to reveal itself. Over time the pan of karmic dues weighs down and the pan of destiny rises.

For example:

As a child your family may be splintered and chaotic. By the age of fourteen you rebel. Your circumstances contribute to moulding your personality and your character remains hidden. Destiny is unrevealed.

By your thirties you reflect upon your situation. You may realise that the nuclear family life is not part of your destiny. You continue forward as opportunities present, karma and destiny interweaving with each other.

Your character reveals itself as your awareness of spiritual values cause the residue of karmic dues to slowly disappear into the mist. Destiny then becomes significant.

Difficulties continue to present until you understand why. Difficulties are really only a small part of life, kept alive by thoughts focusing upon them. As you focus upon what is really important, destiny, the energy of the universe reveals it according to that focus.

What is your destiny?

Destiny is your contribution to the goodness of the Earth and the people upon her. The way your soul can achieve this comes with your entry to Earth. It comes from the greatest desire of the true heart, the heart of the infinite world, the pulse and beat of the universe.

Destiny eventually becomes clear. Events in life present to strengthen the character that can promote it. It is individual and may or may not be acceptable to those around you. This eventually becomes a minor concern that fades away.

Reflect upon your awareness as a child and you will see that all seeds were planted in childhood. Your view of the world and the people in it at that time told you the people you can and cannot associate with.

All through life only those people who are good for you should be allowed to approach so that destiny, regardless of what it is, can reveal itself.

Karmic dues faced remove the veils from your soul to expose your destiny as its steps develop your character. Karmic dues cleanse your soul by introducing purity and simplicity into your life.

When you need guidance, it comes. When you need courage, it comes.

True destiny knows only the joy of spirit and the all-encompassing love of the universe and you turn your face towards God.

The importance of physical life retreats as a new world opens, brought to you by emissaries and mediators between finite and infinite worlds.

All souls are fragments of a Divine Ray of Light, so you are greater than this one life. Each soul is held in the palm of an overarching Lord who commands its performance. He places each soul where it needs to be and ensures that all events needed to produce to conclusion, the greatest destiny possible, are presented. Should the once envisaged outcome not result, another life and another place will present opportunities once again.

Toolbox

Everything I say has been said before.
Everything I think has been thought before.
What do I contribute to my soul?
What do I contribute to the world?

There is a giant well of availability. It is your Toolbox. You dip into this toolbox before you come to Earth. You take what you need to construct the personality best suited for you to achieve your goals on your journey through physical life.

All people who have lived, are living and will live on Earth do this before they enter physical life. The focus of each is individual. The needs of each are individual. The possible achievements of each are individual.

When you choose qualities from the Toolbox each brings advantages and disadvantages, so you have to learn how to use them wisely and effectively.

Good and beautiful qualities are tools to achieve a purpose for good, yet these qualities can be seen by others as undesirable, their presence in you producing a negative reaction. This does not make the qualities undesirable or negative.

Look within and analyse your thoughts, words and actions. When you find nothing wrong do not allow the reactions of others to affect your actions. By being unconcerned about how other people react to you, you do not react to them. Your focus remains on your own planning and activities in the achievement of your goals.

Look at all your qualities and know that you have chosen them for a purpose. They help you create the life you need even when you think they do not. You do not need anything else. What you have within is your foundation and you build on it all throughout your life.

You expand and contract your qualities in response to each situation in life. Upon the passing you travel further afield according to what you constructed while you are here.

This is self-determination. This makes you arbiter of your own life and destiny.

When you live with a propensity for goodness there is no need to berate yourself for any thoughts and actions. When you are concerned about them, they are only reactions. They are not purposeful thoughts and actions of evil intent. They are not karmatically important because they have no power of intention.

Understand the Toolbox and all judgement of yourself and others becomes unnecessary and irrelevant in your life.

Constructing Personal Karma

People come to Earth to change. Because change is part of the manifesto it should be accepted. It takes place everywhere regardless of what the individual desires. All the individual can change is himself. When he changes himself he changes more than himself because of the impact he has upon the world.

How is change regulated?

The great recorder and regulator is Karma. Karma is not a philosophy of reward and punishment. It is the regulator of change that happens, year by year, month by month, week by week, day by day, hour by hour and minute by minute. Everything that changes is changed for all time.

How does Karma work for the individual?

Every thought comes from the breath. What is breathed in is according to the current thought in the current environment.

A peaceful mind and a peaceful heart which has a focus on the creative love of the universe, breathes in the creative love of the universe. It spreads to the soul and the body.

The individual whose mind and heart are focused on the lives of other people and what they should and should not be doing breathes in those thoughts that are travelling the Earth. They affect the individual's future thoughts, his present thoughts and his present and future actions.

What is breathed in shapes thoughts. Breathe in the creative force of life and the cells of the body stimulate the creative force of life. Breathe in judgment and disapproval and judgment and disapproval will regulate your thoughts and actions of the day.

This is how the great regulator called Karma monitors the thoughts and actions of individuals and knows, because of them, how the Earth and life upon her is developing.

What you breathe in, what you think, and what you do sets a new benchmark with every breath, thought and action.

The individual who is not watchful and careful of how he breathes, thinks and acts will continue doing the same without realizing what he is doing. This is how he constructs habits that he repeats many times. He lives according to the construct of these habits.

Once habits take a hold the karma of life becomes more solidified like the Earth, predictable and easy to ascertain.

Little or no change slowly creates stagnation. Stagnation of thoughts result from shallow breathing that is created by a stooped stance and a downward look of the eyes. Resulting stagnation of bodily circulation constricts available movements. Little change is apparent and stagnation welcomes disease.

The evolving Karma of the individual's life is constructed by himself. Should his thoughts and actions harm others he creates a wider Karma that involves correcting the harm, either in this life or in another time.

What is really being said is that the individual constructs his own Karma within the confines of the circumstances of his birth.

When you breathe in the creative love of the universe your stance reaches towards the heavens. Your eyes are open to view the world and your lungs are filled with the creative love of the universe. Resulting thoughts and actions, mirror this creative love that can do no harm to others.

Most harm done by another is the result of thoughts of fear, anger and those myriad traits of the seven deadly sins.

The creative love of the universe within the individual knows what the individual wants and needs for his life.

It becomes expansive, affecting those who are in communication with the individual. It is able to influence their thinking so they can accept the plans the individual has for his own good.

For example,

An arrangement has been made between two people. The individual whose heart is filled with the creative life of the universe can come to realise that the arrangement is no longer necessary for the growth and joy of either. The power of this thought reaches the other person and the environment the other person lives in.

He makes the change by cancelling the arrangement. There is no harm and there is no good in what is happening, as is so often with thoughts and actions upon the Earth.

Personal karma within a life is created personally through the breath, thoughts and actions of each individual. There is no overpowering philosophy or being that is watching and waiting to either reward or punish the people of Earth.

The people of Earth construct and judge themselves, which is why at the end of a greater cycle of life there has always been talk of the Judgment Day when the individual judges himself and how his breath, thoughts and actions impacted upon other people.

The individual upon Earth has freedom of choice to breathe the way he wishes, to think what he desires to think and to act in the way he wants.

Regardless of what another tells him, he will follow his own way, either secretly or openly, depending upon how much pressure is put upon him.

Should he have a disposition for dark and evil ways, he will follow those inclinations until he changes his disposition. Should he have an inclination for joy and creative life, he will follow that disposition until he changes it.

Karma is an individual affair in the One Life that is being lived upon Earth at this time. There is no reward and no punishment other than how you reward and punish yourself with what arises from your breathing, thinking and actions. When someone disapproves of your actions and says karma will get you, do not be afraid. Karma will not get you.

Should you have behaved with poor judgment, you bring changes to yourself because you have accepted your own poor judgment, drawn it into yourself and with repeated actions constructed a new habit that has become acceptable to you. This new habit influences your life and the people who come into your life.

This is how your life is lived and changed. It mirrors your breath, thoughts and actions. The amount of joy and happiness you receive from living the way you do tells you the Karma you have constructed for yourself.

Do your habits in life need changing?
Have they taken control?
What should be done?

The watchful heart, at the end of each day, reviews the day's work. It decides where changes need to be made the following day or whether the way life was lived is satisfactory enough to continue the following day.

As you grow the karma of your life adjusts to how you grow. It is always a danger to become complacent and accept that the way who you have lived is the way you are always going to live. This affects how other people influence you, and that affects what happens to you.

Thoughts and breath of the creative life produce what the creative life produces. When people around you are not of that inclination they cannot enter your sphere and cannot influence your mind and heart. They can therefore can have no influence upon your actions and your Karma.

Many people are unaware of the creative force of life that they could be breathing in. They are breathing in thoughts and emotions that circle the Earth from the common mind.

They become susceptible to these thoughts and emotions of other people, accepting them into themselves. Their karma is influenced by other people.

Stand strongly upon the Earth with head held high, with a straight back and eyes ranging ahead so you can breathe in the creative force of life and create your own karma upon Earth which will affect the life you construct when you pass from this place.

Do not be afraid of Karma. It is not a dark cloud over you, waiting to rain down blessings for goodness and punishments for bad behaviour. It is not a living entity outside yourself that is going to tell you what you are becoming and where you are going.

Everything in your life you construct yourself, so every breath is important. Every breath is feeding every cell of your body, mind and heart, so ensure that every breath carries what the body, mind and heart needs to live the fullest life of goodness that is possible.

Sweep away habits. No habits are necessary for your life. They are a lazy way of adapting to life's exigencies each day. Sweep them away. Have no habits.

Embrace every moment as a new moment because every moment has already been influenced by the previous breath, thought and action of the previous moment and every moment is going to influence following moments.

It is important that the influences in your life are your moments of goodness so your body, mind and heart can maintain their goodness, including good health. Good health is the result of being well fed with good thoughts, good emotions, few emotions and a clear mind.

Go forward in life each day as though each day is a new life that has never been lived before. In this way each day is your whole life. What has gone before is unimportant. What is to come, who knows.

This day is the day when you can breathe deeply the creative force of life and feed yourself with its joy, its force, its youth, its focus and its clear direction.

This day does not need to be influenced or affected by the thoughts and actions of other people. Live each day for yourself. Embrace the creative force of life then quite naturally you will embrace humanity. Through your individuality you affect the evolving karmic wheel of humanity in this Age, to which this day is attached.

Go in peace and free yourself from a troubled mind or a troubled heart.

Letter to Lord Karma

Lord Karma,

You are a fearful Lord and I am in awe of you.

You have a place in the back of my mind and always I am aware of you, whatever I do. Sometimes fear of your laws paralyses me. Sometimes it causes me to throw all caution to the winds and I rush headlong into foolish endeavours. At other times it propels me to purposeful acts.

I feel at your mercy, not independent of consequences. There seem to be many laws and I do not wish to live in fear. What should I do?

Dear One,

I am here because you called me to you when you adopted Earth as your home. It is not your home. You have adopted your body as you. It is not you. This is your simple illusion. I have come to show you a path out of this mist that enshrouds your mind, your heart and your soul.

I show you the Laws of Nature you have to work with, but they do not own you.

I show you the veils over your soul so you can remove them.

I light a candle in your heart so it can welcome your soul.

I place a light in your mind so it can tell you what your senses cannot.

Dear One,

I am not to be feared. I open your eyes, your mind and your heart so they can welcome the wisdom of your soul.

I am free will. I am choice.
I am action, or even inaction, resulting from their use.
You say duality. I say choice.
You say death. I say life.

Dear One,

You have become attached to this world but your stay is limited, so there is death. I show you the path to life - everlasting and immortal. You travel this path when you seek a greater attachment. You have become attached to your senses and you listen to their commands. I show you a path where the only command is love.

I do not reward or punish you for your thoughts and actions. You are doing the best you can. When your choices are foolish you encounter difficulties. When your choices are wise you nurture peace in your heart that attracts love.

There is no hurry. You do what you can in this life you must leave. There is always another place and another time to continue your return journey to your real home that houses your real self - in the embrace of God.

You become wise as you hear more of your soul's voice because you become less interested in the demands of your named self. Along the way your resolve is tested many times. When you fall you do not fail. I hold out my hand to help you rise and show you the direction you can take to fix what needs fixing.

Dear One,

All is well. With all other people you are making your way to the home of your soul. Eventually you will free yourself from the chains of death and separation. You will rejoice in the blazing glory of your soul that shines in pure joy.

Lord Karma,

How do I apply this reasoning to my daily life now so I can change my direction?

Dear One,

You create difficulties when you allow your senses to control your mind and heart. They cannot be calm and peaceful because they become ever restless, searching for stimulus.

The only way is self-control of all your senses and desires. One by one you can control them until they no longer rule your mind and heart. Only then can you hear the voice of your soul - your intuition that can guide you in the best direction for your life.

You do not need to change yourself because your personality and capabilities are necessary for the life you have come to. They give you the skills you need to make choices - often difficult ones. The changes you make is to the way you have always done things. It is hard to make these changes but you have the ability to do this - one sense at a time – one desire at a time - one day at a time.

What makes you unhappy, restless and feeling alone - no longer do.

What makes you peaceful, quiet and harmonious - do more of.

It does not matter whether people stay with you or leave you when you make changes. You will not be lonely because you will have the Greater World in your soul speaking to you and loving you.

Karma

Karma ensures we are involved with the whole human race. In good times the individual controls his personal destiny and the face karma presents is an opportunity to do good for people less fortunate.

A helping hand given without measuring the cost allows people who have fallen to find their feet again. Help given at no personal cost is not enough help. More could be done.

In hard times, karma takes on a different face to the one portrayed in good times. In hard times reparation rules because the individual is controlled by his circumstances and there is nothing he can do to change them.

For example,

In the first half of the 20th century the Great Depression saw many people become starving migrants. These years brought death as did two world wars.

My Name is Karma

A small universe am I. All that I am and all that I know is here with me - memory, love and magnificent intentions. I am science because I am ether. I am physical matter. I am fluid. I can live everywhere. I adapt to the place where I live so my name is Karma

Ever-changing, ever-growing and ever constructing, I play my part in the universe of life. My body reflects what I think so my body is Karma. Wherever I am I draw what I need from my essence while I am there. When I move to a different environment my essence has whatever qualities I need.

Like the chameleon, I adapt to my environment so my name is Karma.

How do I adapt to Earth life?

All that I am is of the universe and what I am contributes to the universe. I construct pathways of direction throughout the universe as I travel its dimensions.

I think what I want to think and this constructs pathways of thought within my brain and so the unknown becomes known. The unknown creates fear so once the unknown becomes known fear is dismantled.

I think what I want to think then I do what I want to do. My thoughts and actions modify pathways throughout the body that are initially constructed in utero according to my previous thoughts and actions of another time. Everything I say and do reflects in my body, so I am called Karma.

My tension and pain are produced by some thought and activity I have indulged in. My relaxation and gentleness are produced by my ability to harmonise with all worthwhile pathways known to me.

I am reconstructing myself. When I want to change what is already fashioned in my body I call on wisdom and pain. Painful thoughts have produced obstructions so pain removes them. Gentle thoughts have produced harmony so harmony heals by opening pathways that pain has closed and by closing pathways that are no longer relevant.

What are these pathways?

Physically there are many - neurons, fluids, waste, qi etc. because each system in the body has pathways reaching everywhere.

Mentally there are pathways that drive activities - pushing boundaries and opening and closing pathways according to the nature of the thoughts. When thoughts are constructive they open pathways that create what is good for the body. When thoughts are destructive they close pathways. That is not good for the body because stagnation is the result.

Spiritually there are pathways and their directions are limitless. They are the subliminal life of all pathways, the best of them achieved with harmonised scientific and worshipful understandings.

One pathway through the universe becomes predominant because the vehicle that can travel it when Earth life is over is being constructed while Earth life is being lived. My body is being reconstructed according to my actions, so my body is Karma.

What is reconstructing my body is what is constructing a new form that will take me down the new path I am also constructing – all with my thoughts, actions and spiritual awareness. My body is my karma. Karma is its name so my name is Karma.

Everything that enters my body I allow, and I am affected by all. I choose the food, the conversations and the company I keep. This is easily understood because these things can be seen and explained. I allow emotions and thoughts to enter my mind and body.

They may be unseen but they can be felt and communicated. I allow vibrations to enter my body; by vibrations I mean the energies of the universe. Powerful emanations from a greater source, they create the universe and all life in it, including me.

I can absorb aspects of their greatness. Not always feeling them enter, at a later stage I can feel the changes they effect within me. The result is my karma so Karma is my name.

All entering vibrations, like everything that enters the body, affect every part of me. They change my thinking. They adjust my emotions. They travel existing pathways in the body and they alter them. Ultimately they produce physical changes. The universe has a creative cycle and a destructive cycle so the vibrations I choose can be creative or destructive, as will their effect upon my body.

When a vibration is one of kindness and gentleness its presence strengthens kindness and gentleness and the pathways function smoothly. When a vibration is irritability and aggression the pathways are inflamed through the presence of fire and everything is adversely affected.

The body accommodates vibration by adapting to its nature. The destructive vibration sinks into physical tissue, becoming part of its density because it corresponds to its physical properties. The creative vibration has ethereal qualities. When it enters pathways they accommodate it because it travels smoothly throughout the body, healing and ascending. These two ends of the one pole produce feelings of lightness or heaviness and movement or stagnation according to their nature.

Prolonged exposure to vibrations produces good health or disease. My body is my karma so my name is Karma - for now. Any vibration that enters easily is because it has always been accepted, often the result of early learning. It is known, so it is acceptable. Its presence allows life to continue as it is.

The ultimate result is stagnation which inhibits movement and change. Striving for greater learning discards the known vibration so a new energy can enter. The result is change.

Change is unsettling because the new vibration recreates the body in either a better or adverse way. This changes karma. My name is Karma but I have many faces.

One vibration that becomes dominant determines the goals set and the endeavours initiated. Mostly whatever they are, no matter how altruistic, they include the rewards of physical life - money, control, power, land and obsequious companions. Only the truly reverent vibration is unencumbered by these rewards.

The state of my body, mind, emotions, goals and rewards, but mainly my body, reflect the vibrations I have accepted.

What is good for me is good karma. What is adverse is contrary karma - both seen in the demeanour and state of my body, mind and heart.

Karma is my name so I am trying to destroy my named self. I can then lose this name and absorb a new one that reflects a better me - closer to **the *I am that I am*.**